



Meet the NYSSSWA Board: Carmen Aponte-Hall

Mohawk Valley Regional Representative



Carmen Aponte-Hall is a Licensed Master Social Worker (LMSW) at the New York State School for the Deaf. She has several years of experience working in both educational settings and the broader mental health field, including roles in non-profit organizations and private practice.

Carmen utilizes evidence-based approaches such as Cognitive Behavioral Therapy (CBT) and Dialectical Behavior Therapy (DBT), with a strong emphasis on trauma-informed care. She is dedicated to helping students develop effective coping skills, better understand their emotions, and build confidence.

She is passionate about collaborating with students and their families, and takes pride in connecting them with meaningful resources both within the school environment and throughout the community.