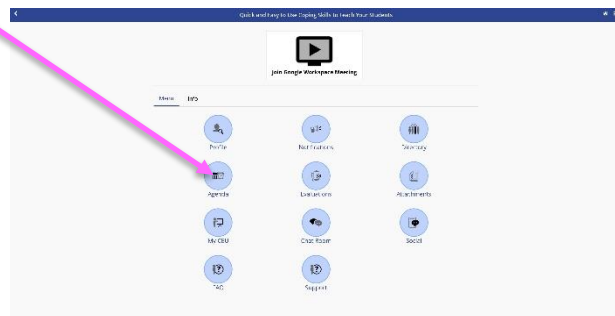


Directions for Accessing Your Handouts For Your Session

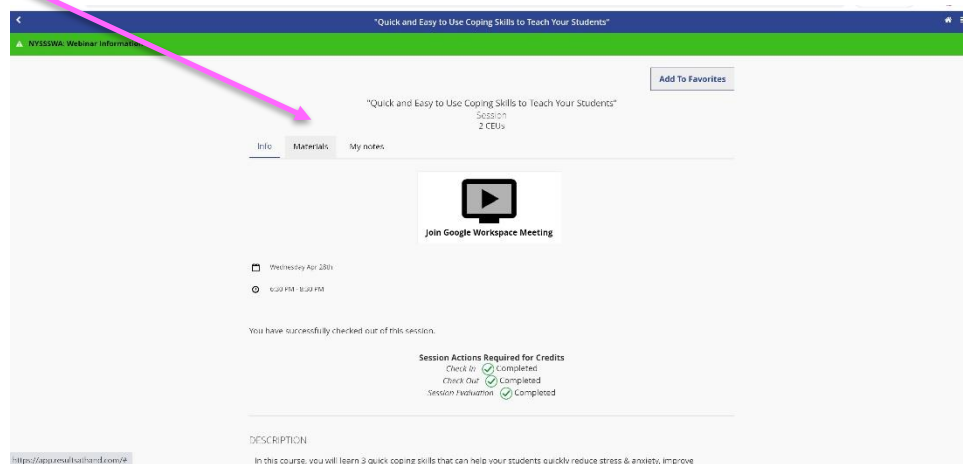
1. Click on Agenda



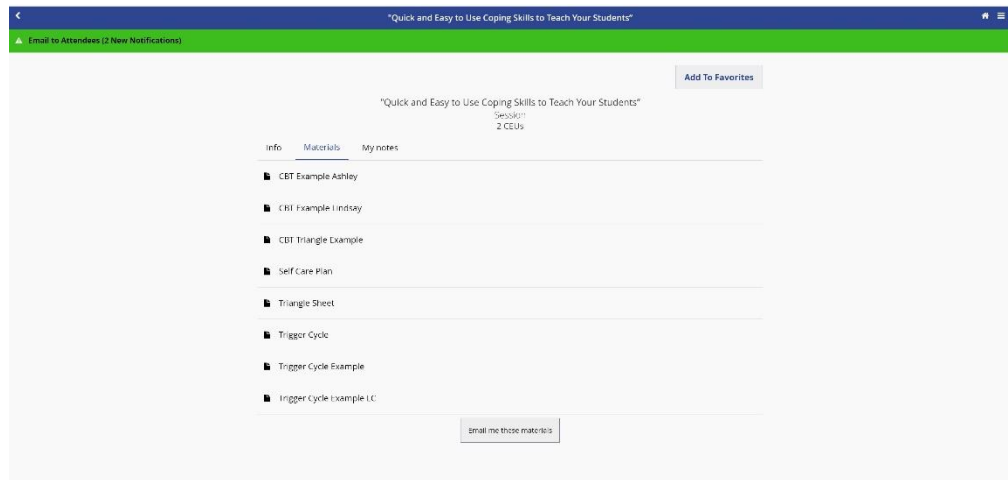
2. Click on the **Workshop Title**.



3. Click on Materials



4. Download Handouts/Materials



The screenshot shows a web browser window with a blue title bar containing the text "Quick and Easy to Use Coping Skills to Teach Your Students". Below the title bar is a green notification bar that says "Email to Attendees (2 New Notifications)". The main content area has a white background and features a header with the title "Quick and Easy to Use Coping Skills to Teach Your Students" and a sub-header "Session: 2 CEUs". There are three tabs: "Info", "Materials", and "My notes", with "Materials" being the active tab. A list of materials is displayed, each with a small square icon to its left:

- CBT Example Ashley
- CBT Example Lindsay
- CBT Triangle Example
- Self Care Plan
- Triangle Sheet
- Trigger Cycle
- Trigger Cycle Example
- Trigger Cycle Example LC

At the top right of the content area is a button labeled "Add To Favorites". At the bottom center of the content area is a button labeled "Email me these materials".