

NYSSSWA 2017 State Conference Workshops

Thursday, November 2, 2017

10:00 a.m. – 12:00 p.m. Registration/sign in

12:00 p.m. – 12:30 p.m. Welcome – Conference Chair, NYSSSWA President

12:45 p.m. – 2:45 p.m. Breakout Session A: (2.0 Contact hours) (Choose one)

A1: *“Part 1 -- An Introduction to Problem Solving for Adolescents DBT in Schools: Skills Training for Emotional (DBT STEPS-A) Mazza et.al. by Catherine Zweig, LCSW-R*

An introduction to the DBT STEPS-A curriculum, which teaches students four skill areas: Mindfulness, Distress Tolerance, Emotion Regulation and Interpersonal Effectiveness. The curriculum teaches practical skills for regulating emotions, reducing impulsive behaviors, solving problems and building and repairing interpersonal relationships. It is designed for approximately 30 weeks of lessons taught in 50 minute blocks. DBT STEPS-A is drawn from a widely used and empirically based model called DBT, and offers an alternative SEL curriculum. School social workers will learn about the basics of the curriculum and participate in exercises designed to demonstrate the skills taught to students. We will have fun!

A2: *“When Violent Death Occurs: Helping Our Children” by Day Cummings, LCSW, RN*

The loss of someone due to violent death complicates the grieving process and presents a challenge to both the clinician and the school system. This presentation will focus on the grieving process related to violent death in order to provide a framework of knowledge and skills in working with children and adolescents who have experienced a violent death in their lives.

A3: *“Coaching Teens Toward a Life of Fulfillment, Satisfaction and Meaning: The Wheel of Life.” by Keith Greer, LCSW-R*

Creating an adult life that will be truly fulfilling, satisfying and meaningful requires teens to challenge the accepted assumption that grades, college and career choice are the primary components of a successful life.

Building on concepts from the professional coaching arena and utilizing an interactional and powerful coaching tool, The Wheel of Life, this workshop will focus on how to engage students in a conversation that will take them beyond the narrow focus of college and career, inviting them to specifically define what fulfillment will look like in all areas of their lives.

Thursday, November 2, 2017 (Cont.)

3:00 p.m. – 5:00 p.m. Breakout Session B: (2.0 Contact hours) (Choose one)

B1: *“Part 2 -- An Introduction to Problem Solving for Adolescents DBT in Schools: Skills Training for Emotional (DBT STEPS-A) Mazza et.al. by Catherine Zweig, LCSW-R*

We will discuss: options for implementation of the curriculum, format, instructor training, a standard lesson structure, materials for students, special rules for DBT STEPS-A skills classes, teacher administrative issues and an example of a lesson plan. We will practice skills taught to the students. Finally, where do we go next?

B2: *“Childhood Bullying Lasts a Lifetime ” by Ellen deLara, Ph.D., LCSW-R*

Bullying during childhood has immediate consequences in terms of academics and mental health. It also affects social relationships in significant ways. But is there a long-term impact? A study of 944 adults ages 18 to 65 looked at this question. Participants in the research discussed bullying in their kindergarten through high school years. The study is a first-hand account from those who experienced bullying.

Many participants in the study experienced negative consequences. However a percentage of participants reported some positive influence in their lives as a result of bullying in childhood. This workshop looks at impacts that last into adulthood.

B3: *“Practical Play Therapy: A Brief Presentation of Theory & Interventions.” by Jennie Mazza Jones, LCSW, CCPT*

This workshop will present a brief overview of the history and theory of play therapy, the 8 Basic Principles of the foundation of Non-Directive/Child Centered Play Therapy, as well as the benefits of play and play therapy before delving into the teaching of directive/facilitative play therapy interventions through hands on experience.

5:15 p.m. – 6:00 p.m. Cocktail Hour

6:15 p.m. – 7:00 p.m. Dinner

7:00 p.m. – 9:00 p.m. Thursday Evening Keynote. (2.0 Contact hours)

“Beyond Surviving: Supporting and Advocating for Transgender Students”
by Jeannie Gainsburg, MSS & Kayden Miller

Despite an increase in trans visibility and in overall acceptance, hurtful language, emotional harassment and physical violence are a reality for many transgender students. Combine this with precarious school based guidelines (not requirements) for inclusivity and it is not surprising that our trans youth often find themselves in dangerous situations or that the attempted rate of suicide for the trans community is over 40%. This dynamic, interactive workshop includes information on respectful language, the process of coming out, understanding trans identities, an update on school based transgender policies and some best practice tips for creating inclusive schools.

Friday, November 3, 2017

7:00 a.m. - 8:15 a.m. Registration/sign in & Buffet Breakfast

8:15 a.m. - 10:15 a.m. Friday Morning Keynote (2.0 Contact hours)
“De-escalation with Dignity” by Melissa Pietrkiewicz, LMSW

Offering a trauma informed perspective on de-escalation, this presentation provides a framework to navigate crises through connections, empathy & mutual respect. Light will be shed on individual, family & societal forces that lead to a neurobiological response that make our work with certain populations challenging but not impossible. Melissa will discuss ways to connect with people living with trauma and provide basic tools to help promote healing & growth.

Friday, November 3, 2017 (Cont.)

10:30 a.m. - 12:30 p.m. Breakout Sessions C (2.0 Contact hours) (Choose one)

C1: *“Encouraging Supportive School and Justice Partnerships, A Window of Opportunity for Effective Intervention”* by Marie Sly, LMSW; Moses Robinson, S.R.O. ; & Hon. Paul G Buchanan (Ret.)

In 2004, New Your State passed a Legislative Act that changed the definition of PINS diversionary efforts to include due diligence and family involvement. Over the last 13 years, Counties have evolved their diversionary efforts to support an integrated model of diversion. This includes ensuring community-based diversionary services, partnership efforts with schools community providers, and ensuring least restrictive placement environment. The presentation will provide key focus on how to help students and parents build the skills that significantly address behavioral problems that result school suspensions, family court diversion, and adult incarceration. In this workshop, one will learn the PINS Legislative Act, how counties have operationalized the mandates, and how effective collaborative/integrated models support youth remaining in the most appropriate developmental setting... their home, school, and community.

C2: *“Prescriptive Play Therapy for Treating Childhood Trauma”* by Ashley Lawton, LMHC RPT CCPT-S

This workshop will address ways in which clinicians can integrate play and expressive arts therapies into trauma focused treatment. The workshop will draw upon theory, current research and case examples.

12:45 p.m. – 1:30 p.m. Buffet Luncheon
Presentation of “Ruth Shwartz School Social Worker of the Year Award”

1:45 p.m. - 3:45 p.m. Breakout Sessions D (2.0 Contact hours) (Choose one)

D1: *“Integrating Child-Centered Play Therapy & Improvisational Music Therapy”* by Mandy Elliott, LCAT & Stephen Demanchick, Ph.D., LMHC, RPT

The combination of Child-Centered Play Therapy (CCPT) and Nordoff Robbins Music Therapy (NRMT) is a salient innovation in inter-professional mental health care for children. Currently, there is a dearth of research on or practical application of the integration of play therapy and music therapy. Innovatively, the co-therapists and student intern provided the creative foundation of improvisational music therapy while also incorporating the therapeutic elements of play, which allowed a young boy the opportunity to simultaneously explore grief in two distinct ways.

D2: *“New Innovations in School Social Work Practice”* by Jaye Murray, LCSW, SBL, ABD

NYC DOE has launched several new initiatives from Single Shepherd, to Bridging the Gap social workers for students in temporary housing to a Comfort Dog pilot program. This workshop will discuss the implementation and finding of these initiatives while highlighting the unique role of social workers in each.

D3: *“Adverse Childhood Experiences-Implications for Practice”* by Camela M. Steinke, Ph.D., MA Criminal Justice & Kayla Malloy, LMHC

The scope of this workshop is to provide an overview of the body of evidence that has emerged in the literature since the CDC and Kaiser Permanente began their original Adverse Childhood Experiences (ACEs) studies in 1995. In doing so, the speakers will identify emerging trends in ACEs scores of youth in multiple levels of care and how an individuals' score can impact treatment planning and longitudinal outcomes. The presenter will illustrate how providers have begun to utilize the ACEs questionnaire as a component of assessment and how scores impact admission, treatment planning, risk assessment, supervision, and discharge planning decisions.

3:45 p.m. – 4:00 p.m. Ending Announcements & Adjourn

5:30 p.m. – 9:00 p.m. Board meeting/Dinner