



## 3<sup>rd</sup> Annual NYSSSWA NYC Region Conference with Columbia School of Social Work

Presented by the:  
New York State School Social Workers' Association & the  
Columbia School of Social Work

**June 8, 2017**

Columbia University's--Lerner Hall (a.m.),  
2920 Broadway, New York, NY 10027

Columbia University's--Social Work Building (p.m.)  
1255 Amsterdam Ave, New York, NY 10027

Earn Up to 5 CEU Credits



**COLUMBIA** School of **SOCIAL WORK**

*Make waves. Move mountains. Change lives.*



# 3<sup>rd</sup> Annual NYSSSWA NYC Region Conference with Columbia University Schedule of Events

**June 8, 2017**

8:00 a.m. – 8:30 a.m. Registration/Sign in

8:30 a.m. – 8:45 a.m. Opening Remarks – Kathyne Leak, Assistant Dean and Director, Columbia School of Social Work & Cindy Bautista-Thomas, Associate Director of Field Education, Columbia School of Social Work, Conference Co-Chair

8:45 a.m. – 9:45 a.m. Opening Keynote 1: "Helper, Care for Thyself"  
Presented by: Wendi Williams, Ph.D. (1 CEU) (Livestream option available)

10:00 a.m. - 11:00 a.m. Keynote 2: "Dealing with Vicarious Traumatization: The Cost of Caring"  
Presented by: Maddy Cunningham, D.S.W, MSW (1 CEU) ) (Livestream option available)

11:00 a.m. - 11:15 a.m. Break

11:15 a.m. - 12:15 p.m. Keynote 3: "The Impact of Privatization on Education and the Economy -- a School Social Worker's Perspective" Presented by: Julie Beatrice, LCSW-R & Deborah Elsenhout, LCSW-R (1 CEU) ) (Livestream option available)

12:15 p.m. – 1:15 p.m. Lunch on your own

1:15 p.m. – 2:15 p.m. Workshop Sessions A (Choose one) (1 CEU)

- A1 & B1: "*Skills and Strategies for Facilitating Challenging Dialogues in Supervision around Race, Class, Sexual Orientation and Our Intersecting Identities: Part 1*" by Ovita F. Williams,
- A2 & B2: "*Healing Justice—Part 1*" by H.O.L.L.A! Youth Organizing Collective, 2 Hours for Part 1 & Part 2)
- A3: "*Understanding the traumatic stress for children in parental immigration proceedings: Implications for school settings.*" by Rosa Bramble
- A4: "*Understanding Racism and Health: Using Technology to Build Empathy and Structural Competence*" by Courtney Cogburn
- A5: "*Whose School? Our School! - Young Transformative Justice Crew*" Katherine Tucker
- A6: "*Animal Assisted Social Work; Developing a social service/therapy dog program for your agency*" by Catherine Ricchetti (Session Repeated at 2:30 pm — B6)
- A7: "*Real World Application of Evidence-Based Trauma Treatment*" by Katherine Peinovich (Session Repeated at 2:30 pm — B7)

2:15 p.m. – 2:30 p.m. Break

2:30 p.m. – 3:30 p.m. Workshop Sessions B (Choose one) (1 CEU)

- B1: "*Skills and Strategies for Facilitating Challenging Dialogues in Supervision around Race, Class, Sexual Orientation and Our Intersecting Identities: Part 2*" by Ovita F. Williams,
- B2: "*Healing Justice - Part 2*" by H.O.L.L.A! Youth Organizing Collective
- B3: "*Trauma-Informed Approach to Suicide Risk Management*" by Jim Raines
- B4: "*That's How I Was Raised: Breaking the Cycle of Child Abuse*" by Cindy Bautista-Thomas & Gil Feliciano
- B5: "*Working with the Traumatized Parent/Caretaker: Intersections of Trauma, Domestic Violence and Disability in School Based Settings*" by Jules Perkel
- B6: "*Animal Assisted Social Work; Developing a social service/therapy dog program for your agency*" by Catherine Ricchetti (Repeat Session)
- B7: "*Real World Application of Evidence-Based Trauma Treatment*" by Katherine Peinovich (Repeat Session)

## 3<sup>rd</sup> Annual NYSSSWA NYC Region Conference with Columbia University Program

### 8:45 a.m. – 9:45 a.m.

#### Opening Keynote: *"Helper, Care for Thyself"*

Presented by: Wendi Williams, Ph.D., Associate Dean of Academic Affairs, Bank Street College of Education

In the world of human services and support, the human beings engaged in the work of helping others often go uncared for. Social workers, psychologists, teachers and the like spend countless hours entrenched in the life challenges and obstacles of others. The field of social work is predominated by women, many of color, in service to high need communities emblazoned with the effects of ethnviolence and trauma that are secondary to the forces of racism, poverty, and fragile infrastructure in our society. In this talk, I would like to present some of the parallels between the lives of the helper and those to be helped and articulate ways to carve out needed “care space” for those embedded in the work.

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### 10:00 a.m. - 11:00 a.m.

#### Keynote: *"Dealing with Vicarious Traumatization: The Cost of Caring"*

Presented by: Maddy Cunningham, D.S.W, MSW; Associate Professor, Fordham Univ. Graduate School of Social Service

Vicarious traumatization is a concept introduced in 1990 by McCann and Pearlman to capture the experience of professionals who are exposed to clients’ traumatic experiences. This concept recognizes that trauma work poses the potential for adverse effects in workers. This keynote address will introduce the concept of vicarious traumatization and discuss how and why it develops. Special attention will be paid to why school social workers may be at risk for vicarious traumatization. Both professional and personal strategies to address and ameliorate the negative effects of trauma work will be addressed as well as the potential for professional and personal growth from working with traumatized children.

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### 11:15 a.m. - 12:15 p.m.

#### *"The Impact of Privatization on Education and the Economy -- a School Social Worker’s Perspective"*

Presented by: Julie Beatrice, LCSW (R), ACSW; School Social Worker, New York City Department of Education & Deborah Elsenhout, LCSW (R), MS.ED; Psychotherapist, Private Practice

The issues of neoliberalism and globalization have unwittingly forged an economic partnership resulting in privatization, both in our economy and in education. Since education is an essential part of modern economic progress and there is a tremendous amount of money involved in public education, the impact of privatization is seen in the changes in the delivery of school social worker services in national programs(ESSA). The workshop examines the decline of traditional clinical school social worker services in NYC, school social work services under the new ESSA, and the NY State Education Department changes to the school/guidance counselor regulation

### 2:15 p.m. – 1:15 p.m. Lunch on your own

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## 1:15 p.m. – 2:15 p.m. Workshop Sessions A (Choose one)

- **A1 & B1:** *“Skills and Strategies for Facilitating Challenging Dialogues in Supervision around Race, Class, Sexual Orientation and Our Intersecting Identities: Part 1”* by Ovita F. Williams, LCSW-R, ABD; (2 Hours for Part 1 and 2)

As professionals we often struggle with how to support and challenge students and school professionals to talk about race, class, sexual orientation and other intersecting identities. We are often stuck with how to process conversations that inevitably lingers in the air when it comes to helping people understand their own power, privilege and internalized dominance. Providing culturally competent practice is critical in school based practice and helping our school professionals have these difficult conversations will be beneficial to communities served. There is body of literature that supports creating spaces that offer opportunities for practicing these dialogues in our workplace and agencies from an anti-oppressive lens which encompasses self-awareness, power and privilege dialogue and a structural analysis of oppression.

This workshop will provide participants with tools to improve their skills around bringing into the classroom, and introducing these topics with staff, personnel, families and students. Participants will learn through experiential exercises and case scenarios how to incorporate anti-oppressive education into the school environment.

- **A2 & B2:** *“Healing Justice—Part 1”* H.O.L.L.A! Youth Organizing Collective (2 Hours for Part 1 and 2)

Healing Justice Movement is an intersectional youth-led movement for youth of color and our neighborhoods. The goal of this movement is to (re)build community structure through self and community healing facilitated by intergenerational community organizing. In this workshop attendees will lean into their own vulnerabilities as political praxis for grounding oneself in the present and for connecting oneself to others struggles and privileges. This workshop is intended to turn inwards, to support attendees in looking deep inside oneself and to touch or locate our own trauma, hurt, pain, guilt, denial, humanity and the experiences and structural circumstances that shape our reality. This workshop is for those who are seriously committed and open to the concept of self-transformation, despite the feelings of fear, uncomfortably, nervousness and shame. Come Heal with us!

- **A3:** *“Understanding the traumatic stress for children in parental immigration proceedings: Implications for school settings.”* by Rosa Bramble, LCSW-R; Private Practice, Integral Enrichment Counseling and Consultant Services (1 hour)

This workshop will address the impact of immigration proceedings on children and adolescents. The current immigration policies are generating uncertainty and fear. Many parents are forcibly separated from their children and loved ones. Children and adolescents are exhibiting traumatic stress with the uncertainty in their homes and for the most part do not share these traumatic events in school. Participants will gain understanding of the impact of traumatic stress on the child’s cognitive, emotional and physical health. They will learn how it affects children’s learning, peer relationships and ability to self-regulate in school. It is essential therefore for school social workers, teachers and personnel to gain understanding of the emotional toll immigration proceedings have on children and gain tools and resources to better serve this vulnerable population in school settings.

- **A4: “Understanding Racism and Health: Using Technology to Build Empathy and Structural Competence”** by Courtney Cogburn, Ph.D.; Assistant Professor, Columbia University School of Social Work (1 hour)

This workshop will present a multidimensional framework of racism and current data on the effects of racism on health and health disparities. We will also explore the use of technology (e.g. virtual reality) to build empathy and structural competence.

- **A5: “Whose School? Our School! - Young Transformative Justice Crew”** Katherine Tucker, LCSW; Transformative Justice Coordinator, Bronx Academy for Software Engineering (1 Hour)

Transformative Justice is at risk of being an over professionalized buzzword, marginalizing those at the center of schools: Young People. This past September, the Young Transformative Justice Crew (YTJC) was born within Bronx Academy for Software Engineering’s. The intentionally, socially-diverse Crew intervenes to promote Transformative Justice formally through peer mediations and educating visitors. Participants will learn about the start of YTJC and their group process and direction. Activities will integrate inquiry-based dialogue and guerrilla theater. Crew members will share best practices or youth-centered, community work.

- **A6: “Animal Assisted Social Work; Developing a social service/therapy dog program for your agency”** by Catherine Ricchetti, LCSW-R; School Social Worker, Guilderland, NY (1 Hour, Repeated at 2:30, Session: B6)

Traditionally we have considered the use of of a therapy dog in a counseling session.

Research informs us that access to a well behaved dog can lower anxiety, depression and help manage stress. As social workers, a well trained dog is a tool that will enhance your practice. This class will expand on that idea and help social workers create a program where a dog can become part of an agency and be accessed over the course of many years for the service of hundreds of our clients in many different settings. In this workshop, you will learn not only the practical benefits of such a program, but how to create a dog program for your agency. You will leave with concrete ideas and tools for advocating for the program inception, funding the program, finding the right puppy, the dog training required, how to use the dog in multiple ways to help your clients socially and emotionally, and how to safely and productively maintain the program indefinitely.

- **A7: “Real World Application of Evidence-Based Trauma Treatment”** by Katherine Peinovich, LCSW; Licensed Community Clinician, Child Mind Institute (1 Hour, Repeated at 2:30, Session B7)

This workshop will provide an overview of the Cognitive Behavioral Intervention for Trauma in Schools (CBITS) treatment protocol and discuss modifications to make it applicable to children with traumatic grief. and younger children. The workshop will also discuss cognitive processing and exposure techniques in helping children develop trauma narratives.

### 2:30 p.m. – 3:30 p.m. Workshop Sessions B (Choose one)

- **B1: “Skills and Strategies for Facilitating Challenging Dialogues in Supervision around Race, Class, Sexual Orientation and Our Intersecting Identities: Part 2”** by Ovita F. Williams, LCSW-R, ABD; (2 Hours for Part 1 and 2)

(See A1 for full description) As professionals we often struggle with how to support and challenge students and school professionals to talk about race, class, sexual orientation and other intersecting identities. We are often stuck with how to process conversations that inevitably lingers in the air when it comes to helping people understand their own power, privilege and internalized dominance. Providing culturally competent practice is critical in school based practice and helping our school professionals have these difficult conversations

will be beneficial to communities served. There is body of literature that supports creating spaces that offer opportunities for practicing these dialogues in our workplace and agencies from an anti-oppressive lens which encompasses self-awareness, power and privilege dialogue and a structural analysis of oppression.

- **B2: “Healing Justice—Part 2”** by H.O.L.L.A! Youth Organizing Collective (2 hours for Part 1 and 2)

Healing Justice Movement is an intersectional youth-led movement for youth of color and our neighborhoods. The goal of this movement is to (re)build community structure through self and community healing facilitated by intergenerational community organizing. In this workshop attendees will lean into their own vulnerabilities as political praxis for grounding oneself in the present and for connecting oneself to others struggles and privileges. This workshop is intended to turn inwards, to support attendees in looking deep inside oneself and to touch or locate our own trauma, hurt, pain, guilt, denial, humanity and the experiences and structural circumstances that shape our reality. This workshop is for those who are seriously committed and open to the concept of self-transformation, despite the feelings of fear, uncomfortably, nervousness and shame. Come Heal with us!

- **B3: “Trauma-Informed Approach to Suicide Risk Management”** by Jim Raines, Ph.D., MSSW, LCSW; Full Professor, California State University -- Monterey Bay (1 Hour)

This workshop will present the legal and clinical considerations that impact on trauma-informed suicide risk management. It will provide legal guidance from the federal Every Student Succeeds Act (ESSA) as well as the proposed Trauma-Informed Care for Children and Families Act. Using a balanced approach using both protective and risk factors, this workshop will introduce social workers to a structured professional judgment tool that can be used to manage suicide risk. A case study will exemplify how to use the assessment.

- **B4: “That’s How I Was Raised: Breaking the Cycle of Child Abuse”** by Cindy Bautista-Thomas, Ph.D. Candidate, LCSW; Associate Director of Field Education, Columbia School of Social Work & Gil Feliciano, BA; Youth Documentary Workshop Instructor, Educational Video Center (EVC) (1 hour)

Resilience has been defined as the ability to thrive and bounce back in the face of adversities and obstacles. Resilience is critical for coping as it helps children deal with life circumstances better. In this workshop participants will view the EVC’s *Youth Documentary, That’s How I Was Raised: Breaking the Cycle of Child Abuse*. The workshop team follows Eva and learns how childhood abuse and trauma can impact a person’s mental health and emotional well-being, and how they can build resilience to break the cycle of abuse with the next generation. This is a film produced by high school students who participated in EVC’s Youth Documentary Workshop, 2016. Participants will have a discussion after the film with the young people and discuss abuse and resiliency.

- **B5: “Working with the Traumatized Parent/Caretaker: Intersections of “Trauma, Domestic Violence and Disability in School Based Settings”** by Jules Perkel, LCSW Program Director, Domestic Violence Counselor/Psychotherapist The Secret Garden, Barrier Free Living (1 Hour)

The scope of trauma, domestic violence, and disabilities can entail many complex dynamics in the helping professions. In this workshop there will be a discussion of practices, professional language and awareness that can be used in school based settings to support the health and wellbeing of parents/caretakers and their children. In this presentation, there will be highlights and overviews of characteristics from the most commonly seen behaviors with survivors of domestic violence trauma. There will be some insights around best practices and awareness when working with these parents/caretakers and their children.

- **B6: “Animal Assisted Social Work; Developing a social service/therapy dog program for your agency”** by Catherine Ricchetti, LCSW-R; School Social Worker, Guilderland, NY (Repeated Session, 1 Hour,)

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## Registration Rates

**NYSSSWA Non-Members: \$125**

**NYSSSWA Members: \$100**

**CSSW Field Instructors \$100 (Contact [swconference@columbia.edu](mailto:swconference@columbia.edu) for code)**

**Current Students: \$50 (Contact [swconference@columbia.edu](mailto:swconference@columbia.edu) for code)**

**Retired: \$50 (Contact [swconference@columbia.edu](mailto:swconference@columbia.edu) for code)**

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